



Paying for your Mental Wellness Services

Paying for Medication



Managing mental health conditions may require taking medication. After a Psychiatrist or Primary Care Physician (PCP) prescribes you a medication, you must choose where and how to pay for the medication. Regularly taking your medication can improve your mental well-being and stability.

Here are some cost-saving tips for paying for mental health medication:

- **Identify a low-cost pharmacy:** All pharmacies do not charge the same price for medication. Call at least 3 pharmacies in your area to see which one has the lowest cost for your medication.
- **Get Insurance or Public Aid:** Private Insurance and public aid programs such as Medicaid & Medicare can offset the cost of paying for medication. Have your insurance card ready for the Pharmacist before filling your medication.
- **Use discount programs:** Discount programs such as **GoodRx** and **Blink Health** offer up to 95% discount on medication. Register online to receive a card and you can pay a very low-cost for your medication. **Register for GoodRx** at: <https://www.goodrx.com> AND **Blink** at: <https://www.blinkhealth.com>
- **Ask Psychiatrist or PCP for coupons:** If you are receiving your medication for the 1st time, your Psychiatrist or PCP may have coupons for your medication or can help you apply to the medication maker to receive a discount on your medication if you meet income requirements.