



Finding a Mental Wellness Professional

National Directories

Finding a therapist for your mental wellness needs can be a challenging task.

Check out the therapists directories below that can help you in your search.

Here are a list of top national mental health directories:

Black Directories

Melanin and Mental Health:

<https://www.melaninandmentalhealth.com>

Therapy for Black Girls:

<https://www.therapyforblackgirls.com/therapist-directory/>

National Queer and Trans Therapists of Color Network:

<https://www.nqttcn.com>

General Directories

Psychology Today

<https://www.psychologytoday.com/us/therapists>

Good Therapy

<https://www.goodtherapy.org/find-therapist.html>

Therapy Tribe

<https://www.therapytribe.com>

Inclusive Therapists

www.inclusivetherapists.com