



Therapy Services Payment & Fees Information

At Sista Afya we pride ourselves on making therapy accessible for our community. Our options for payment include: insurance, sliding scale, membership, and free services. Read below about our options for payment and fees.

Below is the sliding-scale breakdown based on monthly income starting at:

MONTHLY INCOME (<i>after taxes</i>)	PRICE PER SESSION
\$0 - \$2000	\$50
\$2001 - \$3000	\$65
\$3001 - \$3500	\$75
\$3501+	Full rate \$120/session

* Rates are subject to change without notice.

Thrive in Therapy Membership Program

In addition to sliding scale, we provide a [Thrive in Therapy Membership](#) program for those who make less than \$2000/month that covers 2 therapy sessions, free and reduced cost to our events at a price of \$85/month for the basic membership and \$150/month for the gold membership that offers 4 therapy sessions. Please notify your Therapist if you are interested in this program.

Thrive in Therapy Fund Program - Sista Afya Community Care, NFP

Thanks to our generous donors for our non-profit Sista Afya Community Care, we provide free short-term therapy (4- 6 months) for those who are low-income (make below \$1500/month) and express extreme financial hardship. We have a limited number of free therapy slots available. They are provided on a first-come, first serve, and first qualified basis. If you are experiencing extreme financial hardship, please notify your Therapist to apply for this program.

Sista Afya Community Mental Wellness

1817 E. 71st Street, Chicago, IL 60649

(773)234-7994

therapy@sistaafya.com



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Payment & Insurance Accepted:

- Blue Cross Blue Shield PPO (no HMO or Medicaid)
- Lyra Health
- USHIP

MSW/MA + Provisionally Licensed Therapists accept: sliding scale only & BCBS.

Late Cancellation/No-Show Fee

We understand that things come up that can alter plans to attend therapy sessions. We require an at least **24 hour notice of cancellation** before your scheduled appointment. We provide text message and email reminders about your upcoming session to assist with scheduling. **Late cancellation/No-shows will result in a \$40 cancellation fee deducted from your account when there is a no-show after being 15 minutes late for an appointment or if you cancel your appointment on the day of the session.** In extreme circumstances that are unexpected, your Therapist can waive the fee at their discretion.

Non-Discrimination Statement

We are committed to providing an inclusive and welcoming environment for all members of our community. Sista Afya does not and shall not discriminate on the basis of race, color, religion (creed), gender, gender expression, age, national origin (ancestry), disability, marital status, sexual orientation, or military status, in any of its activities or operations. These activities include, but are not limited to, therapeutic services, hiring and firing of staff, selection of volunteers and vendors, and provision of services.

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