



Paying for your Mental Health Treatment

Public Aid (Medicaid & Medicare)

Most people that are low income or make no income are eligible for Medicaid and Medicare. With the passage of the Affordable Care Act, you are able to select Medicaid and Medicare plans that are offered by your state online or in-person at a public aid office.

Here are some tips and information to take care of your mental health costs with Medicaid or Medicare:

- **Look into the services that are offered by your state Medicaid and Medicare plan:** All state Medicaid & Medicare programs cover mental health services such as therapy, medication management, social work services, and treatment programs. You can sign-up for Medicaid and Medicare by visiting: <https://www.healthcare.gov/>
- **Find out which mental health service providers accept your plan:** Not all mental health providers accept Medicaid and Medicare. It is important to find out if your plan is accepted before receiving services.
- **Medicare has different parts (A, B, & D):** Each Medicare plan covers specific services. To find out what services your Medicare plan covers, visit this website: <http://bit.ly/MHealthGov>
- If you are not sure whether you have Medicare or Medicaid, call your local state public aid office to find out. Your state Department of Health and Human Services provides information about who to contact to find out if you are covered.